President’s Message . . .

Hello from Great Falls! As the recently installed president for MDHA let me tell you my story. Dental hygiene is a second career for me. I went back to school at 42 to "get" into health care. In very short order, dental hygiene became my mission and my passion. I sit on the edge of my seat when I talk about plaque! Since graduating in 2004, it has been a seven year journey preparing for the office of President. There have been a number of wonderful mentors to guide me on this journey, some of whom will be receiving phone calls and emails throughout this year as I seek advice.

This article comes on the heels of a leadership conference I attended in Chicago held by the American Dental Hygienists’ Association (ADHA). The information packed weekend shone a light on many areas for the MDHA Board of Trustees to consider. There was a discussion on generational communication preferences such as Facebook, texting, phone, email and how to reach all interested parties. Along these lines it was discussed how to reach members and non-members in a timely manner to disperse MDHA business. These are examples of issues the board will begin to address in the next year.

Judith Gap, Montana provided the backdrop for this year’s strategic planning session for the MDHA Board of Trustees (BOT). During this two day work session the BOT developed an outline that will guide us through the ensuing year. Projects coming out of the strategic plan include developing a Facebook page, redesigning the MDHA web site, and promoting utilization of the Limited Access Permit by more Montana hygienists. Also, Strategic plan directed the BOT to prepare for the 2013 legislative session (read on).

Colleen Grass, MDHA Past-President, offered testimony during the Economic Affairs Interim Legislative Committee in late summer. The premise of testimony from MDHA was to demonstrate dental hygiene under representation on the Board of Dentistry (BOD). In consequence, during the annual business meeting, membership approved a resolution to research any and all options that would lead to an increase of dental hygiene representation on the BOD and/or self-regulation. What does self regulation look like? Here are examples, from other states, of what hygiene sub committees are doing. Dental hygiene committees have the ability to perform such functions as evaluate all registered dental hygienists and LAP hygienists for licensure, adopt, amend and revoke rules and regulations pertaining to dental hygiene, and determine continuing education requirements.

As a result, Colleen and I met with Montana Dental Association (MDA) representatives to discuss this issue. The meeting with MDA was the initial discussion to reach a compromise that satisfies our underrepresentation on the BOD. Our association will keep hygiene professionals aware of progress as we research, discuss and consider this issue.

Membership in the American Dental Hygienists Association is also a passion of mine. If we are to have a voice in the direction of our profession, membership is a must. I encourage prospective members to look at the "Big Picture" when considering joining the association. Sure you get a glossy magazine, reduced liability insurance rates, and discounts on CE with membership. But the "Big Picture" for membership is a collective voice advancing our profession. It is the only organization the represents dental hygienists and dental hygiene issues. The true value of membership is the networking, support and mentoring opportunities. Thank you current members, I look forward to serving as your President.

Kim Dunlap, RDH, BS, LAP
MDHA President
... and Greetings from the desk of the President - Elect

It is my pleasure to be back on the MDHA Board of Trustees as your president-elect. I look forward to the successes and challenges of not only this year but my service as your president in 2012-2013. While my family will not miss the travel, my service as District 10 Trustee gave me some excellent experience in utilizing the resources of ADHA.

Some of you may have heard me say in the past that MDHA supports the interests of ALL dental hygienists in Montana. Unfortunately MDHA is not supported by ALL members of our profession. If you gave only 70% at work each day you would not see significant improvement in your patient’s oral health. In fact, I know most of you give 100% each day at work and motivate your patients to help improve their oral health. If MDHA had only 70% of the support from Montana dental hygienists, we would not be as effective in our advocacy efforts. Why not give 100% to the professional organization that supports you just like you support your patients?

What does your membership do to advance MDHA?

- **Increased Advocacy.** MDHA is working to create a more autonomous profession to advance you as a professional.
- **Effective Profession Goals.** MDHA needs your direction to create a plan for the profession’s future.
- **Increased Resources.** You help MDHA successfully meet those goals.
- **Strength.** If MDHA can say it is supported by you, that alone speaks loud and clear. We are united as a profession.
- **Supports Collaboration.** MDHA is reaching out to other organizations to ensure that access to safe oral healthcare is a priority. You deserve to be at the table of these discussions. Being there requires resources and strength.

MDHA is about YOU and YOUR profession.

I look forward to creating an inclusive, collaborative environment within the MDHA Board of Trustees so that we as professionals can achieve goals that improve the oral health of Montanans and advance our profession, 100%.

Tonette Hollingsworth, RDH, BSDH
MDHA President Elect

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A Minute to Win It!! Our leadership letting loose at Annual Session. Past President, Colleen Grass and President, Kim Dunlap.

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### MDHA BOARD OF TRUSTEES

<table>
<thead>
<tr>
<th>Elected Officers</th>
<th>Kim Dunlap</th>
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<tbody>
<tr>
<td>President</td>
<td>Tonette Hollingsworth</td>
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<tr>
<td>President - Elect</td>
<td>Colleen Grass</td>
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<tr>
<td>Past - President</td>
<td>Sandy Botz</td>
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<tr>
<td>Secretary</td>
<td>Sue Fisk &amp; Connie Vergine</td>
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<tr>
<td>Treasurer</td>
<td>Erica Hagen &amp; Renee’ Parsley</td>
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<td>Delegates</td>
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<td>Alternate Delegates</td>
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**Standing Committees**

- Executive Administrator: Debbie Porter
- Communication Center
- Newsletter
- Website
- Annual Session 2012
- BOD Liaison
- Membership
- Legislative
- Public Relations
- Historian
- Ways and Means
- Spring CE 2012
- SADHA Liaison
- Public Health

**Component Trustees**

- Billings
- Butte
- Helena
- Bozeman
- Kalispell
- Missoula
- Great Falls

**Component Trustees**

- Shasta Jiracek
- Janet Lieberg & Connie Vergine
- Erica Hagen
- Sue Fisk
- Tracy Hull
- Vanessa Stavlo

### Members and Nonmembers

Help us keep current!

Please notify the Communication Center of any name, address, phone number, and e-mail updates!!

montanadha@msn.com
(406)256-7384

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Sandy Botz, RDH, BS
Owner
P.O. Box 11846
Bozeman, Montana 59719

PH (406) 580-6710
TOLL FREE/FAX (888)880-TEMP

www.montanadentalsstaffing.com
sandy@montanadentalsstaffing.com
What is the Board of Dentistry Up To?

Since the last newsletter the Board of Dentistry has held two meetings. The first meeting was held September 9, 2011 and was monitored by Lisa Wordial in my absence. The Economic Interim Affairs Committee (EAIC) decision from their meeting held on August 23, 2011 at the State Capitol was discussed by the Board of Dentistry. A quick review for all of you- The EAIC was tasked by the legislature to conduct performance reviews of several licensing boards- the Board of Dentistry being one of them. After testimony from board members Dr. Chamberlain and Dr. Johnston, the board denturist Cliff Christenot, MDA representatives and MDHA representatives: Sen. Joe Balyeat made a motion to draft legislation to separate the board of dentistry into two boards. One board consisting of dentists and public members and the other board consisting of dental hygienists, dentists, and public members. The motion passed. Secondly Rep. Carolyn Squires strongly recommended that the three professions governed by this board meet and try to work out their differences so that it is equal to all, and attempt to stay on the current board together with a final order to report the results of that meeting at the January 20, 2012 EAIC meeting. Remember that any changes in the makeup of the current board would require legislation; therefore this whole concept is in the infancy stage. The Board of Dentistry met September 9, 2011 and the Board of Dentistry is opposed to separation of professions from the current makeup of the board. Although the legislature did not ask the Board of Dentistry to meet on behalf of the professions, the board did decide to take it upon themselves to create a survey to poll all licensees to see what their opinion is about the current board of dentistry. The survey subcommittee within the Board of Dentistry was made up of 4 members Jen Porter, RDH, Dr. Terry Klise, DDS, Luella Vogel- Public Member, and Cliff Christenot-Denturist. On October 25, 2011 the Survey Committee and the Full Board of Dentistry met to finalize the survey. Several amendments to this survey were discussed and voted on by the full board. One piece of information that was to be included at the end of this survey was the “Fiscal Information”. It was recommended by Business Standards Division Director Jack Kane and Chief Legal Counsel Pam Bucy that the survey should include full disclosure to licensees concerning the fiscal impact to their licensure should the board separate versus their current licensure cost. A lot of work and research was done by Board of Dentistry staff to put together this information, but in the end the survey committee and the full board with the exception of one member of the full board voted to ignore this recommendation and leave the information out of the survey. The BOD plans to send each licensee a postcard with instructions on how to get into Survey Monkey and fill out the survey online. In the meeting the staff also said that since the fiscal information is public information they would provide licensees with separate information about the fiscal impact to their licenses although it will not appear as part of the survey. Please fill out the survey and recognize this as a rare opportunity for you to have a say in the way your profession is governed, but more importantly if you do not receive the fiscal report ask to see it so that you are fully informed before you fill out the survey. You can request this report by sending an email to declark@mt.gov. This report is supposed to be sent or available to all licensees as it is public information. Thirdly, remember the Occupational Licensing Bureau will undergo a computer update soon. The update was supposed to be in place and ready to go July 1, 2011, however due to a few glitches they hope to be up and running before the end of this year. This update will likely mean a one or two time increase in your license fees estimated at $10-$15. The next BOD meeting will be held December 2, 2011 in Helena, MT at 301. S. Park Avenue. If you would like to be on the boards mailing list to receive the agenda please email your request to the email address provided above. Last but not least after many years of serving as the MDHA Board of Dentistry Liaison I am handing over the reins to Renee Parsley, RDH. Renee is a recent graduate of the MSU-GF Dental Hygiene Program. She is smart, articulate, enthusiastic and ready. I believe she will do a great job!!!!

Lorrie Merrick, RDH, MSDH
MDHA BOD Liaison

"Most great people have attained their greatest success just one step beyond their greatest failure." Napoleon Hill
Greetings! My name is Melissa Utley and I am very excited to head the Public Health committee this year! This will be my 3rd year serving on MDHA’s Board of Trustee’s. I previously held the Ways & Means chair and helped out with the Annual Session committee when it was in Billings. This year, I’m looking forward to doing what I can to bring dental hygiene awareness into our communities.

I just want to take a moment to mention some of the activities happening throughout the state.

October was Dental Hygiene Month. From October through December many of the local components go into the elementary schools and perform dental health screenings for children. Hygienists evaluate each child (with parental permission) for Early or Urgent Need of dental care. Those that fall into Urgent Need are then referred on to an entry-point service, usually for low-income or underserved children, so that they can get started with immediate dental care treating gross decay. In the Billings area, the Ronald McDonald Care Mobile is the entry-point service for these children. Many of these children do not own a toothbrush much less visit a dental office in their lifetime. This is a great service to get dental treatment to children who cannot afford care.

February is Children’s Dental Health Month. In the past, MDHA and the local components have donated flyers, informational pamphlets, and/or coloring activities for school aged children to the schools and libraries. This year I will be attempting to bring additional ideas and resources for raising kids’ dental hygiene awareness.

If any of you are interested in helping out, or have any ideas for outreach into our communities throughout Montana, please feel free to contact me through email at tuth-fari@gmail.com Happy Holidays!!

Melissa Utley
MDHA Public Health

Who’s in the Kitchen?
On a fun note!! I just wanted to share a really wonderful website for all to look at. Our fellow hygienist Martha Bisharat has a very talented and busy daughter who teaches back to basic kitchen techniques on line. Get more from real food. Rediscover traditional cooking methods through unlimited online classes in sourdough, cultured dairy, cheese-making, lacto-fermentation and more. Here is her logo and web site: Gnowfglins.com
Enjoy the fall!  Sue Fisk, RDH

PARTICIPATE IN PUBLIC HEALTH

Greetings! My name is Diedri Durocher, RDH, BS, and I am the Public Relations Chair for MDHA. I accepted the honor to serve on the MDHA board while attending the Annual Session in Kalispell. I am a Montana native who grew up in Great Falls. I have been a dental hygienist since 2009, graduating from MSU-Great Falls. Prior to returning to school I was an office manager at a medical clinic and, before that, an assistant director of a crisis center. I am married and have three daughters. I am the owner of Scaling Away RDH Temping, providing temporary coverage to Great Falls dental offices.

One of my biggest tasks for this year will be setting up a facebook page for MDHA. This will be an excellent communication and networking tool for Montana hygienists. Components will be able to post notices about meetings and share pictures of dental hygiene events. I believe facebook will foster an even closer-knit community of RDH’s, regardless of the hundreds of miles between us. We will be able to communicate quickly and effectively while sharing our ideas and events. The goal is to have the facebook page functional by mid-January. Be watching for your invite!

Let me know of any newsworthy happenings in regards to dental hygiene, special programs, and awards or honors. I will gladly submit press releases to the Montana newspapers. I can be contacted at 406-781-4473 or diedri@hotmail.com. I look forward to hearing from you.

Diedri Durocher, RDH, BS
MDHA Public Relations

MDHA 2011-2012 Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>December 2, 2011</td>
<td>Board of Dentistry Meeting, Helena</td>
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<tr>
<td>January 21, 2012</td>
<td>MDHA BOT meeting, Helena</td>
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<tr>
<td>February 2012</td>
<td>Children’s Dental Health Month</td>
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<tr>
<td>March 2012 (dateTBA)</td>
<td>Board of Dentistry Meeting, Helena</td>
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<tr>
<td>April 13, 2012</td>
<td>Spring CE 2012, Great Falls</td>
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<td>April 14, 2012</td>
<td>MDHA BOT Meeting, Great Falls</td>
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<td>May 5, 2012</td>
<td>MSU-GF graduation</td>
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<td>June 13-19, 2012</td>
<td>ADHA Annual Session, Phoenix, AZ</td>
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<td>June 16,17, 2012</td>
<td>WREB Exam, Great Falls</td>
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<td>September 20-22, 2012</td>
<td>MDHA Annual Session, Bozeman</td>
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<tr>
<td>Oct 2012 (dateTBA)</td>
<td>MDHA Strategic Planning</td>
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Friend Us on Facebook

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Diedri Durocher, RDH, BS
MDHA Public Relations
component news around the state

bozeman

Greetings all! Summer is gone and fall (dare I say winter) is here in Bozeman! The Special Olympics were held in May, and a few hygienists volunteered their time at the Wellness Park to provide oral hygiene instructions to the athletes. The rest of the summer months were quiet as usual, but we are ramping up again for the coming months. A local component meeting was held November 16. Our speakers were Dr. Tanda Cook and Dr. Sarah Marshall, naturopathic practitioners and owners of Clearwater Healthcare. Later in November, early December, keep an eye out for emails regarding Adopt a Family through Salvation Army, in which we will be assigned a family and will be providing them with wonderful and needed gifts for the holidays!

Shasta Jiracek, RDH  Billings Trustee

Missoula Component is getting their act together! Tracy Hull, RDH has committed to being the MDHA Component Trustee for Missoula. Tracy hopes to get the Missoula component fired up and on board for 2012. Jolynn Orth, RDH and Tracy Hull have been working together to get the Missoula Hygiene Study Club up and running. Dr. Clark Taylor MD, DDS and John Holtzen, DMD have allowed the Missoula hygienists access to their conference room at the Cosmetic Surgical Arts Centre in order to provide monthly, 1-hour CE’s for the Missoula area hygienists. Dr. Holtzen was their first study club speaker, introducing himself to Missoula and providing a course on Medical Emergencies. The study club has received help from Susan Wingrove, RDH, FADIA (a recent addition to Missoula and a great resource to several dental professionals). Susan has aided in bringing Troy Schall for November who is the Vice President of Dental Prosthetic Sources. He provided a 1 hour study-club CE for the hygienists and then a full-day course to Missoula area Dentists on “Sleep Apnea”. Troy Schall is the owner of a full service dental laboratory and has been fabricating oral devices for Sleep Apnea for the past 12 years. Missoula has planned a line-up of study-club speakers until June, 2012. Missoula has had three great CE’s given by three local specialists. Our Thanks and appreciation goes to Dr. Hoag, Dr. Weber and Dr. Stebbins with Dr. Young Stebbins-Han.

Krista is still our local Component President. She has some good ideas for future local CE’s. Please make sure to check your email often for notice of these meetings. You can always contact me (Sue Fisk at sjmfisk@yahoo.com, 406-407-1731) or email Krista (kristaleukuma@hotmail.com).

Sue Fisk, RDH  Flathead Trustee

msu-gf cot

At Montana State University-Great Falls College of Technology, the senior Dental Hygiene students along with Kim Dunlap, RDH, LAP and Jason Olson, RDH, recently held a SMADHA kick-off party. The event took place on October 26, 2011. Junior Dental Hygiene students were introduced to SMADHA and junior officer elections were voted on. We would proudly like to announce our new junior officer elects! President Elect: Heidi Frazier; Vice President Elect: Kelli McDonald, Secretary Elect: Nicole Van Ryzin, Treasurer Elect: Tristin Wanken, Historian: Tyler Brown; and delegates: Katie Zignego & Maggie Broesder. Congratulations to the Class of 2013!

Recently, our student organization has done two fundraisers in 2011 to raise money for a future community project. One at the spring continuing education in Butte, MT and the other at the fall meeting in Kalispell, MT. Both of these fundraisers turned out great.

Thus far the senior dental hygiene students have volunteered at: Stand Down for Vets, Project homeless Kinect, and Special Smiles. We are now currently traveling to Nexus. For the spring of 2012, our student organization is researching a possibility of a community project. This is to initiate a Project Homeless Kinect in Great Falls. This is a project that we are very excited about and are currently working out the details.

Jena Bullock, Dental Hygiene Student & Amy Silvan, Dental Hygiene Student SMADHA President and Vice-President
Membership Drive
Hello MDHA! I want to thank all of our members, new and returning, for your continued support of our profession. We are currently, holding strong with 164 members. We have a fabulous organization that I am proud to be a member of. My goal as MDHA membership chair is to share my enthusiasm about our organization that I am proud to be a member of. My goal as MDHA membership chair is to share my enthusiasm about our profession and do the things we love. So, I encourage all of you to spread the word and YOUR enthusiasm to your colleagues about our association.

Recently, there has been discussion of changing our governing board within the state. This is our time to stand united in our profession and push forward in the direction WE want to go. Our association has allowed us to advance in our profession and do the things we love. So, I encourage all of you to spread the word and YOUR enthusiasm to your colleagues about joining MDHA/ADHA.

Please feel free to contact me regarding anything concerning membership: suziesun@hotmail.com or 406-530-1402.

Suzie Rogge, RDH BS MDHA Membership Chair

Opportunity Knocks
When the Economic Affairs Interim Committee (EAIC) reviewed the Board of Dentistry in August, the committee voted to create a new Board of Dental Practitioners to regulate hygienists and denturists, while dentists would remain under the Board of Dentistry (BOD). The EAIC also required the three professions to try to negotiate an acceptable compromise that will keep us all together within the Board of Dentistry.

MDHA members at Annual Session voted to seize the opportunity by authorizing the Board of Trustees to research models of self-regulation, hold talks with the Montana Dental Association (MDA) and the denturists association, and prepare for the 2013 Legislature. Initial talks with the Montana Association of Denturists and MDA were cordial and further talks will be scheduled. The Legislative Committee has also begun research into various models of self-regulation that could be incorporated into the bill drafted by the EAIC.

The Board of Dentistry has released its survey of licensed dental professionals. The most important news about this short questionnaire is that the fiscal analysis of creating a new Board of Dental Practitioners indicates there will likely be NO NEED TO INCREASE FEES FOR DENTAL HYGIENISTS.

MDHA intends to keep our members informed of developments as we pursue these exciting opportunities to advance our profession in service to the public. Final decisions regarding our legislative direction will be determined by members at the 2012 Annual Session.

Colleen Grass, RDH Legislative Committee Chairman

Thank you Kalispell
2011 MDHA Annual Session was well attended in the beautiful Flathead Valley. Sandy Davis, Annual Session Chair and her committees did a fabulous job! There was a variety of information at our fingertips. Who would guess there was something new Karen Hays, RDH could teach us about fluoride? The locals are lucky to have such a knowledgeable expert on bloodborne pathogens and infectious disease as Nurse Practitioner, Rita Lopez, right in their backyard. Becky Smith, Ed.D. helped us see the vision for MDHA as well as each of us personally. We discovered the differences in treating our female patients from birth through childbearing years from Ann Wetmore. We also let our hair down with some “Minute to Win It” games too!

Thank you to our Exhibitors, Donors, and Volunteers. We appreciate the generous support of MDHA both materially and sometimes more importantly with the gift of your time. When a component hosts Annual Session, the planning starts two years before the event. A heartfelt thank you for all your time and efforts!
A NOTE FROM THE TRUSTEE

It has been a whirl-wind fall for me. The traveling schedule during this time of year for the ADHA BOT and in area states is very busy. It is always a pleasure to visit with you as members and friends. It has been a pleasure to serve as your Trustee. I regretfully will not be running for the position again in 2012. Many of you know I have had several personal challenges over the last year and currently I am considering new employment which will not allow me the time required for the position. If you know someone who is interested and qualified to serve please send them my way and I will be happy to speak with them.

Wrigley Community Service Grants

ADHA has once again partnered with Wrigley to offer community service grants. A grant is awarded in each district to start or continue an oral health program. The application deadline is Nov 1st. You can find the application at: http://adha.org/ndhm/index.html# The parade of prizes on Facebook has also begun, so friend ADHA and get winning! October is all about YOU and YOUR Profession.

Accreditation Feasibility Study

This exciting initiative by ADHA will be to identify and evaluate existing accrediting agencies and determine if an appropriate alternative to CODA exists or if the establishment of an independent accrediting agency for the profession is feasible. The full accreditation feasibility study is planned to be launched in January 2012.

BETTER TOGETHER.

Tonette Hollingsworth
District10@adha.net
(406)723-8286

ADHA Leadership Conference

The icon below will link you to information regarding a newly developed program to maximize YOUR career opportunities.

New Trustee E-mail Accounts

In an effort to make it easier for members to contact Trustees and keep the brand moving forward, the ADHA BOT has decided to standardize e-mail accounts. So now you can contact the District 10 Trustee simply by typing in District10@adha.net or by first name and last initial (toneteh@adha.net).

District 10 Listserv

A new tool we can utilize is a listserv for states in our district to share information. If you are not familiar with listservs, they are an e-mail message that multiple members can see and answer. You must subscribe to the listserv by giving it your e-mail address at the link: http://adha.org/lists/index.html Choose District 10 in the drop-down menu. The listserv will send you an e-mail to confirm you want to subscribe. Once you have subscribed know that ALL members subscribed will see ALL responses.

Membership Reminders

President Quinones has challenged each of us to recruit one new member. Have you asked JUST ONE potential member to join ADHA? This is a good opportunity for membership committees to evaluate how effectively they are utilizing ADHA resources. Where is your state’s non-renewed member list? Was it utilized in 2011?

Website Spotlight

www.adha.org.

Governmental Affairs

Track legislative activity, current ADHA advocacy and practice issues in the nation in one location by tapping into the ADHA governmental affairs website. http://adha.org/governmental_affairs/index.html

Tonette Hollingsworth
District10@adha.net
(406)723-8286

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MDHA MISSION STATEMENT
The mission of the Montana Dental Hygienists’ Association is to advance the art and science of dental hygiene by improving the public’s total health through: ensuring access to quality oral health care, awareness of cost effective benefits of prevention, promotion of the highest standards of dental hygiene education, licensure, practice and research; and provide representation, promotion, and preservation of the interests of dental hygienists.

2012 SPRING CE
Friday, April 13, 2012
GREAT FALLS, MT

Motivational Interviewing 3.5 CE hours
A method of engaging intrinsic motivation to change behavior by developing discrepancy and exploring and resolving ambivalence within the client/patient

The Changing Face of Dental Hygiene Practice: Expert clinician, skilled motivator and preventive specialist” 2.5 hour CE
- Walking through a typical day in dental hygiene to review and update our skills in diagnostics, ergonomics, instrumentation and selection and treatment planning
- Advancements in periodontal and diagnostic instrumentation (power and hand instruments)
- Discussing how the “midlevel providers” in dentistry will be effective in addressing access to care obstacles

Lillian Caperlia, RDH M. ED
Preimer Dental Products Company
Educational Seminar

 Montana Dental Hygienists’ Association
Annual Session 2012
September 20-22
Holiday Inn
Bozeman