President’s Message

Hello all! I’m Kelley Oakes, your MDHA president.

I was born and raised in Billings, MT, where I currently reside with my family. I graduated from the Sheridan College Dental Assisting program in 2002. After three years of practicing as a CDA, I returned to school and graduated from the Sheridan College Dental Hygiene program in 2009. My husband Todd and I married during my last year of the Dental Hygiene Program, and grew our family the following fall. We have 3 children, Tannur (26), Asa (9), and Oliver (7), as well as 1 grandson, Augustus (20 months). We love family movie nights in the winter, and camping in the summer.

I have worked part-time for the past 10 years in order to take care of our kiddos, one who is autistic, and one who is super ADHD. I thoroughly enjoy the time I get to spend with my patients as they teach me things I would otherwise never learn, show me grace and compassion, and give me words of advice and encouragement regarding my children. I have always been a member of MDHA yet hadn’t become active until about 3 years ago, thanks to my dear friend, Suzie Warren. Since then I have met so many new people and made great new friendships.

I have enjoyed attending both our state annual sessions as well as the ADHA annual sessions. I have learned that just like raising children, it truly takes a village to keep up with the changes and advancements in our profession from year to year.

I would encourage you all to become active in both our state and local components in order to see how you can help make a positive impact on both patients and other hygienists. Thank you for your confidence and for allowing me to serve as your president of MDHA this year. I can’t wait to see what this year has in store.

Kelley Oakes, RDH, BS

Happy Thanksgiving
Greetings from President-Elect Amber Reap

Hello fellow hygienists,

My name is Amber Reap. I live in Dillon and have been practicing for nine years now. I started out in private practice and transitioned to public health almost three years ago. I work mostly with my limited access permit at the Ag Worker Health and Services Clinic and the local nursing home. I also work one day a week at our local Community Health Center. I am honored to have been voted in as your president-elect this year. I will also be serving as one of the delegates to ADHA annual session in New Orleans this June. I had an amazing experience serving as an alternate delegate in Louisville last summer and seeing how much passion for the profession of dental hygiene our members have. This experience helped me to realize how much more I want to do for our profession.

I was also lucky enough to be chosen to attend Unleashing Your Potential in Chicago this November. This is a leadership workshop put on by ADHA each year. The group has already been working on developing our strengths as leaders and I look forward to the opportunity to continue to learn from our ADHA leadership. If anyone has been thinking about applying next year I would love to answer any questions you may have.

I have served on the MDHA board for five years now and have been so fortunate to work alongside so many amazing hygienists, whom I now call my friends. I encourage anyone who is wanting to become more involved to reach out to any of us on the board. Even if you aren’t looking for a big position, just becoming active with your local component can be such a great way to connect and get the most of your membership.

Amber Reap,
President-Elect

Save the Date!

MDHA Spring CE
Saturday, April 4, 2020
Chico Hot Springs Pray, MT
Karen Raposa, RDH, MBA
“Transforming Lives and Careers by Treating Patients with Alzheimer’s, Autism, and Anxiety.”

Call Chico at 406-333-4933 to reserve your room, say you are with MDHA. Rooms held until 3/1/20

MDHA 2019-2020 Calendar

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<td>December 6, 2019</td>
<td>Board Of Dentistry (BOD) Meeting, Helena</td>
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<tr>
<td>January 15, 2020</td>
<td>MDHA Board Of Trustees Meeting via Zoom</td>
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<tr>
<td>February 2020</td>
<td>Children’s Dental Health Month</td>
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<tr>
<td>March 6, 2020</td>
<td>BOD Meeting, Helena</td>
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<tr>
<td>April, 2020</td>
<td>Oral Cancer Awareness Month</td>
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<td>April 4, 2020</td>
<td>Spring CE, Chico Hot Springs</td>
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<td>May 8, 2020</td>
<td>GFC-MSU Pinning Ceremony, Great Falls</td>
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<td>May 29-31, 2020</td>
<td>WREB Exam, Great Falls</td>
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<tr>
<td>June 5, 2020</td>
<td>BOD Meeting, Helena</td>
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<td>June 12-14, 2020</td>
<td>ADHA Annual Conference, New Orleans</td>
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<tr>
<td>September 11, 2020</td>
<td>BOD Meeting, Helena</td>
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<tr>
<td>October 1-3, 2020</td>
<td>Annual Session, Helena</td>
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2019-2020 Board of Trustees

Elected Officers

- President: Kelley Oakes
- President Elect: Amber Reap
- Past President: Clancy Casey
- Secretary: Amy Neihart
- Treasurer: AnnMarie Magill
- Delegate: Amy Neihart
- Delegate: Amber Reap
- Alt. Delegate: Ellie Bicha
- Alt. Delegate: Karen Thomas

Component Trustees

- Billings: Suzie Warren
- Bozeman: Seeking volunteer!
- Flathead Valley: Ellie Bicha
- Helena: Katie Glueckert
- Butte: Maggie Matteson
- Missoula: Karen Thomas
- Great Falls: Ashley Hammontree & Risa Gazzerro
- Eastern MT: Seeking volunteer!

Standing Committees

- Annual Session 2020: AnnMarie Magill
- BOD Liaison: Tonette Hollingsworth
- Spring CE 2020: Diedri Durocher
- Public Health/Head Start: Melissa Utley
- Historian: Maggie Matteson
- Legislative: Clancy Casey
- Membership: Lyndsey Jourdannais
- Public Relations: Cara Reck
- Student Member Liaison: Julie Barnwell
- Limited Access Permit: Seeking volunteer!
- ADHA District X Trustee: Crystal Spring
COMPONENT UPDATES

BUTTE

Greetings from your Butte Component Trustee! I had a speaker lined up in the Spring and sadly he relocated. I have a speaker who is interested in speaking in December. More details will come as I get information and a date that she will be available. I am debating on starting a Butte component Dental Hygiene Facebook page to connect with everyone in Butte and the surrounding areas and will keep everyone posted. I sent out an email to Butte and surrounding area hygienists not long ago. If there are any hygienists in your office or area that I do not have their email, please share my email with them, magzmax@yahoo.com. I will keep everyone posted about the upcoming CE speaker if December still works for her. In the meantime, I look forward to getting to meet with you all this year. If you have any CE ideas, please let me know.

Maggie Matteson, RDH
Butte Component Trustee
magzmax@yahoo.com

HELENA

Happy Fall from the Helena Dental Hygiene Component! Since our last update, we have had two component meetings with continuing education speakers. Meetings are now being held at the Residence Inn in Helena. On August 22nd, Karyn Gray, RDA presented on fluoride, whitening and cordless hygiene handpieces. Premier Dental sponsored Karyn’s presentation and provided dinner for attendees. On October 10th, Marge Foran presented on ankyloglossia and restricted frenum. Burkhardt Dental sponsored this meeting, covering the cost of the conference room and providing dinner for attendees. Special THANK YOU to our speakers and sponsors. In addition to component meetings, members have started the planning process for Annual Session 2020 in Helena. AnnMarie Magill has graciously volunteered to chair the planning committee for this event. The committee met on October 17th at the Red Atlas and will meet again on November 21st at 5:30 p.m. If you would like to join the planning committee, please contact AnnMarie Magill at annmmagill@msn.com. The last component event of the year will be a holiday social in December – time & location TBD. If you would like to receive updates on this event (and others), join the Helena Dental Hygiene Component Facebook Group or email Katie Glueckert at katie.pottle@gmail.com to request to be added to the component email list.

Katie Glueckert, RDH, MSDH
Helena Component Trustee
katie.pottle@gmail.com

GREAT FALLS

Risa Gazzero has been a dental hygienist since 2016 when she graduated from the Great Falls College MSU Dental Hygiene Program. Before attending dental hygiene school she was a premed major at Montana State University, where she attended on a cheerleading scholarship. Risa fell in love with dental hygiene when she was observing at a dental office while in her undergrad. Risa is passionate about overall health and wellness and loves educating her patients on the connection between their oral and systemic health. Risa is looking forward to serving on the MDHA Board of Trustees as the Great Falls Component Co-Trustee along side her friend and former RDH classmate, Ashley Hammontree. Risa is very thankful for the knowledge, opportunities and experiences dental hygiene has provided her and is excited to get more involved and give back to her dental hygiene family and community.

Ashley Hammontree graduated from the Great Falls College MSU Dental Hygiene program in 2016. Since then, she has worked in several offices in Great Falls, temping until finding her dental home with Dr. Alan Crist, where she currently works full time. Ashley believes in the importance of creating and maintaining strong professional relationships and values the friendships she’s made on the way. She is excited to be a vessel to the MDHA board for our Great Falls dental hygiene community and surrounding areas, and is ready to start networking with you all!

Risa Gazzero & Ashley Hammontree
Great Falls Component Co-Trustees
mdhagfcomponent@gmail.com

FLATHEAD

Here in the Flathead Valley we are gearing up for winter already. We are grateful to announce that the First District Dental Society of MDA hosted an amazing evening for all hygienists in our region. On October 15th 41 hygienists, 37 dentists, and 3 physicians gathered at a local restaurant to share a delicious meal, network, and earn CE provided by Dr. Shippey of Rocky Mountain Heart and Lung. Dr Shippey is a sleep physician and the topic was about Sleep Disordered Breathing and how it relates to the Dental Professional. Did you know that the American Heart Association is now recommending that ALL general dentists screen their patients for Sleep Apnea? This was very generous of the First District to invite the local hygienists to partake in their monthly meeting and C.E. dinner, in an effort to promote (continued on next page)
camaraderie and membership for the MDHA. This event was very well planned and attended! It is apparent that there is a shared interest for collaboration. We also had a hygienist fly all the way from Georgia to “check out” all the exciting advances in our career in Montana (specifically with the LAP) and she was able to attend the meeting. We are looking forward to accepting this invitation again next year with the MDA! Also we are looking forward to Montana Periodontics 7th Annual Continuing Education Seminar for hygienists, which is always very informative and it’s so much fun to get pampered! This year we will learn from Dr. Todd Cahoon about urgent periodontal care and also from his guest speaker Dr. Lena M. Arvidson on monitoring and managing peri-implant tissue health. We are looking forward to this day, the knowledge we have to gain, and the colleagues we get to network with! In December we will have our annual Christmas party (time and location TBD). Don’t forget to join our local Facebook page; search for "Kalispell Dental Hygiene Component" where you can find local requests, announcements, and informative articles. If you have questions about any of these activities, please contact me directly. Have a fantastic winter and make lots of memories!

Ellie Bicha, RDH
Flathead Valley Component Trustee
(406) 208-2480

MISSOULA
Greetings from out West in Missoula! As your new Missoula Trustee and MDHA Alternate Delegate to the ADHA meeting in New Orleans next June, I will do my best to get to know hygienists who are new to our area and look forward to reconnecting with those I’ve known for many years. Recently about 15 Missoula Hygienists enjoyed some fun while they completed their licensing requirement to get their CPR updated. Getting together periodically for meetings is one way to connect with your peers and earn CE credits at the same time! Please join your local Hygienists for our annual Christmas party to be held Dec. 5 at Jaker’s at 6:15pm. We’re a fun bunch! Details coming soon. Missoula Community Connect is a great way to give back to our local residents who have very little access to care. It does our heart good to volunteer dental hygiene services this one day each year! We usually see an average of 50 people for prophies, extractions and referrals. Date to be announced soon. Several LAP Hygienists have been involved in the 2019 Community Health Improvement Plan to share ideas to help improve dental care to residents in Long Term Care Facilities, Native Americans, older adults and people with disabilities in Missoula County. We meet quarterly and welcome any hygienist for your input!
Please reach out to me with any concerns you may have regarding our profession. If I don’t know the answer I’ll do my best to find one!
Karen Thomas RDH LAP
Missoula Component Trustee
406-396-4854

BILLINGS Suzie Warren, Trustee

EASTERN MONTANA Seeking volunteer!

BOZEMAN Seeking volunteer!

Your Membership Matters

Membership Chair Excited to Connect & Grow MDHA

Hi, my name is Lyndsey! I am serving as Membership for MDHA this year. I am so excited to get involved and get to know more hygienist in Montana! I graduated from Great Falls College-MSU Dental Hygiene Program in 2016. I live in Bozeman and work for Bozeman Dentistry. Before taking the position at Bozeman Dentistry I was doing temp hygiene in Bozeman and Helena for a year and a half. I loved doing temp hygiene and networking with other hygienist. I learned so much from each office and appreciate all the help I got along the way. This is my first year doing Membership and I hope to become more involved with MSU-GF students, inspiring them to continue their membership throughout their careers. I also want to aid current members with any questions they have and encourage non-members to see the wonderful benefits and importance of being MDHA members.

Lyndsey Jourdonnais, RDH Membership Chair
Join the Legislative Committee!

Happy Fall everyone! We had such a productive Strategic Planning Meeting to kick off the start of another great year. Your MDHA board is hard at work for you. We have created a Legislative committee for the next legislative session and would love your help. If you are interested in being involved with the legislative process, please send me your contact information at clancycbb@gmail.com. Hope you all have a safe and wonderful holiday season.

Clancy Casey, RDH, BS, LAP
MDHA Past President, Legislative Chair

New Treasurer Elected to MDHA

Hello everyone!
My name is AnnMarie Magill and I am excited to begin my duties as treasurer for MDHA.

I have lived in Helena most of my life. My husband Todd and I have two grown children and three amazing grandchildren with whom we love spending as much time as possible.

I began my dental career 30 years ago as an office manager/assistant for a general dentist in Helena. After raising my two children, I returned to college to earn a degree in dental hygiene. Since graduating from Great Falls College MSU in 2009, I have worked in general dental practices, and for the last four years as an adjunct instructor in the Great Falls College MSU Dental Hygiene program.

I am looking forward to serving MDHA over the next couple years!

AnnMarie Magill, RDH, BAS, LAP

Congratulations!

2019 MDHA Annual Session Award Winners

Community Service Award
Tracy Hull, RDH

Outstanding Rural Hygienist
Cara Reck, RDH

Rookie of the Year
Megan McMenamy, RDH

Strategic Planning 2019-2020

Goals

1. Support dental hygiene professionals throughout their careers
   - Develop & distribute comprehensive survey through Survey Monkey
   - Provide access to professional resources
   - Provide accessible, affordable and up-to-date continuing education
   - Increase support for students
   - Send out Eblasts with updates and news

2. Strengthen MDHA’s infrastructure
   - Develop and strengthen Leadership Pipeline
   - Update Policies
   - Reaching out and getting a solid contact with new hygienists in the area

3. Advocate for the profession
   - Form active legislative committee
   - Membership Spotlights

Past-President Cara Reck installs newly elected 2019-20 Officers: AnnMarie Magill (Treasurer), Amy Neihart (Secretary, Delegate), Amber Reap (President-Elect, Delegate), Kelley Oakes (President), & Ellie Bicha (Alternate Delegate)
Two New Codes Reimbursable by Medicaid for LAP RDHs

It’s another great victory for Dental Hygiene this last year! Two amazing LAP hygienists went to great lengths to have two Pre-Diagnostic Codes added to the Medicaid reimbursement list for dental hygienists. These codes are, D0190 (Dental Screening) and D0191 (Dental Assessment). Brandy Piper and Jill Johnson worked through meetings with Medicaid and sitting in on their Board meetings to propose these two codes be added because LAP hygienists are already doing these procedures and not getting reimbursed. The screening would be used for the first visit with that patient, and assessment would be any follow-up appointments you might have. Here is the definition from the CDT:

D0190: screening of a patient. A screening, including state or federally mandated screenings, to determine an individual’s need to be seen by a dentist for diagnosis.

D0191: assessment of a patient. A limited clinical inspection that is performed to identify possible signs of oral or system disease, malformation, or injury, and the potential need for referral for diagnosis and treatment.

Please continue to review your LAP’s practice act to always stay up to date with allowable procedures and practice. This can be found on the Montana Board of Dentistry website boards.bsd.dli.mt.gov/den.

Cara Reck, RDH, BS, LAP Public Relations Chair

SDF Rule in Final Stages at State Level

The Board of Dentistry voted on 11/6/19 to move forward with allowing silver diamine fluoride (SDF) as a prescriptive agent under general supervision for RDHs and under public health supervision for LAPs. The rule becomes effective the day after the Montana Administrative Register (MAR) publishes it. MDHA will send out an e-blast as soon as we learn that MAR has published it. The rule number is 24.138.419

Hello! I just recently took the Historian title, while at Strategic Planning. I served as Historian in 2012 to 2013, when my sister was MDHA president. I look forward to collecting memories of you all this year and presenting it at annual session. Please send pictures of component get togethers and other hygiene related gatherings to magzmax@yahoo.com. Thanks!

Maggie Matteson, RDH Historian

Kara Hochhalter, senior at MSU-Great Falls College, received the $1000 Lorrie Merrick Memorial Scholarship for 2019-2020. She was presented the award at Annual Session in Great Falls and is pictured with outgoing President Clancy Casey.

Montana RDHs at ADHA in Louisville, KY - June 2019

Important Tax Information: Because MDHA sponsors activities designed to represent and protect members’ professional interests before the Montana Legislature, no portion of your annual MDHA constituent dues in the amount of $20.00 can be taken as a business or charitable deduction on your federal or state tax returns.